



YOUR ENDOMETRIOSIS CHECKLIST

Only a gynaecologist can diagnose you with endometriosis; however, there are a number of questions you can ask yourself to help you and your doctor understand what might be happening in your body.

Here are some important questions to ask yourself:

- ✓ How long does my period pain last?
- ✓ Is my period heavy?
- ✓ How severe is my pain?
- ✓ Where is the pain?
- ✓ Do over-the-counter painkillers relieve the pain?
- ✓ Does the pain stop me from doing regular activities?
- ✓ Are there any other symptoms I feel are not normal?

Make note of your answers and take this information along with you when you speak to your doctor.

The QENDO support line is also here to help you.
Contact the team today on **07 3321 4408**

